



City Harvest Inc
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Nutrition Education Internship Opportunity

Organization:	City Harvest
Location:	New York, NY
Start Date:	End of January, exact date to be confirmed
Duration:	At least 10 weeks <i>and</i> at least 140 hours; full-time interns preferred
Application Deadline:	Until filled (several spots available)

Internship Description:

Deliver high-quality nutrition education as part of City Harvest's *Healthy Neighborhoods Initiative*.

City Harvest's *Healthy Neighborhoods* programs respond to the need for emergency food, improve access to fruits and vegetables in underserved communities, and provide nutrition education to inspire affordable, healthy meal choices. City Harvest partners with residents, community organizations, schools, and local businesses.

As an intern with City Harvest, you will directly lead nutrition education workshops and courses, whose target audiences range from children to seniors. These include:

Nutrition Education Courses: 6 to 8 classes of hands-on cooking and nutrition education

Fruit Bowl Staff Workshops: 2 hr. crash course in nutrition basics for pre-school and after school staff

Just Say Yes Workshops: 1.5 hr. workshops covering key nutrition topics and produce-based recipes

During your first week, you will participate in orientation activities and receive in-depth training on your role and responsibilities. You will be given a partial schedule based on current course offerings, and will receive support from City Harvest staff in reaching out to partner sites to schedule Fruit Bowl and Just Say Yes workshops. City Harvest will take into account intern commute times and interest in specific communities or age ranges.

You will also have regularly scheduled hours at our Midtown Manhattan office. During office time, interns are expected to complete paperwork for their activities, maintain and organize program materials, schedule workshops, and attend weekly intern meetings.

Intern Responsibilities:

- Facilitate nutrition education courses.
- Schedule and lead Fruit Bowl and Just Say Yes workshops.
- Act as a liaison between partner sites and City Harvest staff.
- Complete administrative tasks for all activities.
- Participate in weekly meetings to discuss and improve programs.

Intern Qualifications:

- **Must obtain school credit for the internship or be fulfilling fieldwork hours.**
- Enrollment in a graduate program in nutrition, public health, food studies, culinary arts, or a related field.
- Interest and comfort working with diverse cultures.
- Strong presentation skills and the ability to engage an audience.
- Strong interpersonal skills and comfort working both independently and in a team setting.
- Strong organizational skills and attention to detail.
- Flexibility and a willingness to implement creative solutions when challenges arise.
- Willingness to travel via public transportation to underserved communities throughout NYC.

Applicants should submit a resume and application to Melanie Sacks at msacks@cityharvest.org.